

Men like me know the difference  
between strength and violence.

Men like me know that abuse  
isn't always physical.

Men like me don't let  
our feelings control us.

Men like me don't hurt  
the women around us.

**Men like me believe  
in men like you.**

Violence Against Women happens everywhere.  
Men like us can prevent it. For resources on how  
you can help, visit [www.whiteribbon.ca](http://www.whiteribbon.ca)