

# THE MOTHERS MATTER CENTRE PROFESSIONAL DEVELOPMENT PROGRAM GUIDE

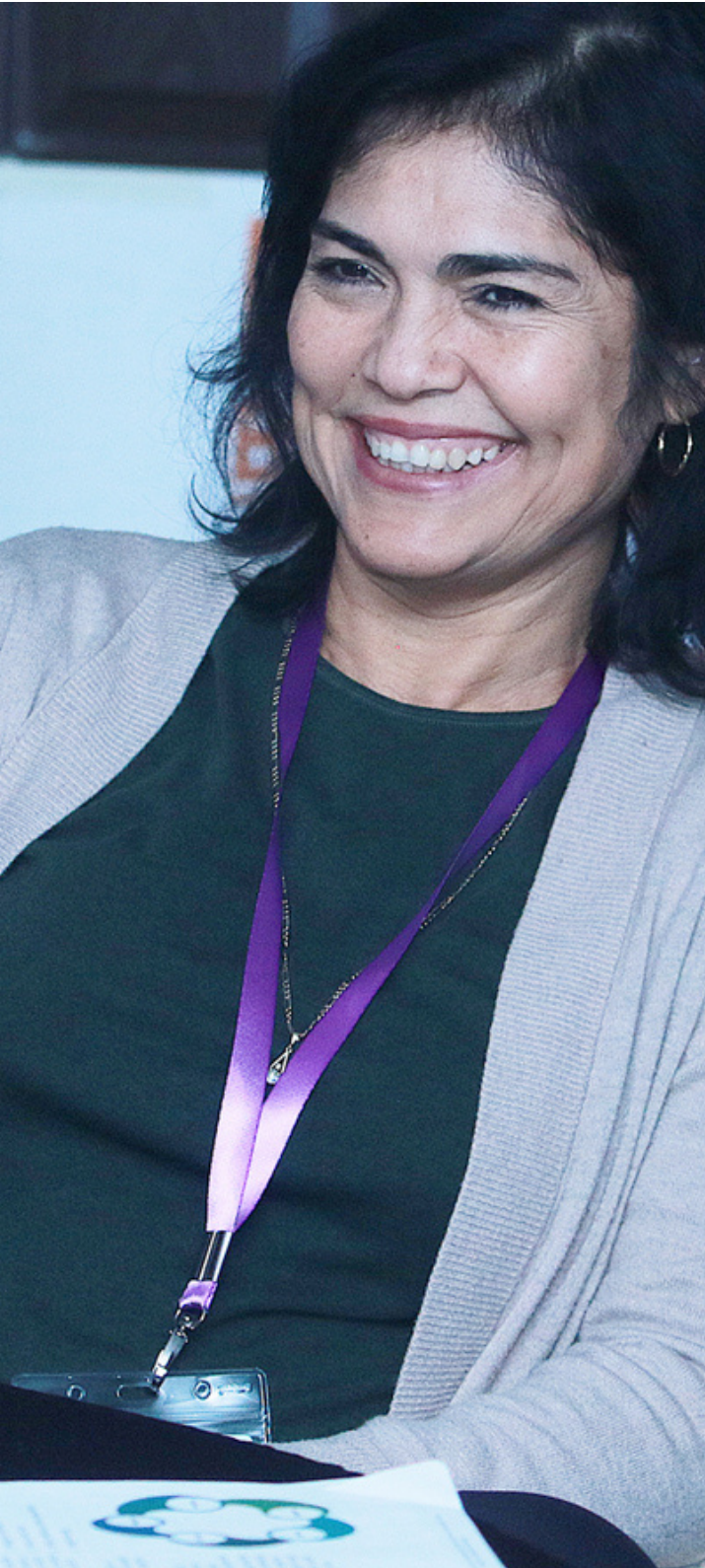


HIPPY is based on the principle of mothers helping mothers. It focuses on coaching them to prepare their children for school. In Canada, HIPPY works with low-income immigrant, Indigenous and other families in need.

The Right Honourable David Johnston, C.C., C.M.M., C.O.M., C.D., and Sharon Johnston are Patrons of HIPPY Canada.



# ABOUT THE PROFESSIONAL DEVELOPMENT PROGRAM



The Mothers Matter Centre (MMC) offers Coordinators and Home Visitors across Canada an opportunity to work and learn over the term(s) of their employment to help them grow in areas that will make them more effective in their roles. This approach is also structured to support Home Visitors to transition successfully out of the HIPPY program and find other employment that is in line with their career goals and aspirations.

Through a strategic partnership with Red River College (RRC) Polytechnic, and with funding from Immigration, Refugee, and Citizenship Canada (IRCC) as well as Royal Bank of Canada (RBC) Foundation, the MMC has designed a structured, participatory, and accredited Professional Development Program (PD).

The Core PD Program is a free two-year training program for Home Visitors. It covers six topics, containing about three, 2-hour modules which are delivered online over three weeks by field experts and professional instructors. Home Visitors gain important knowledge and insight into these topics as well as reflect on their life journey and share their own best practices. This 'work, learn, apply' model equips Home Visitors to succeed in their role and better meet the needs of HIPPY and SMART mothers and their children.

Home Visitors who complete each level will receive recognition for the knowledge and skills they gain in the form of a digital badge that can be applied to their resumes, social media, and application forms to other educational institutions. The digital badge is a micro-credential that is awarded by Red River College Polytechnic.

In addition, Home Visitors and Coordinators have access to high quality training on topics such as Transition Planning, Mental Health and Wellness, Leadership, as well as others.

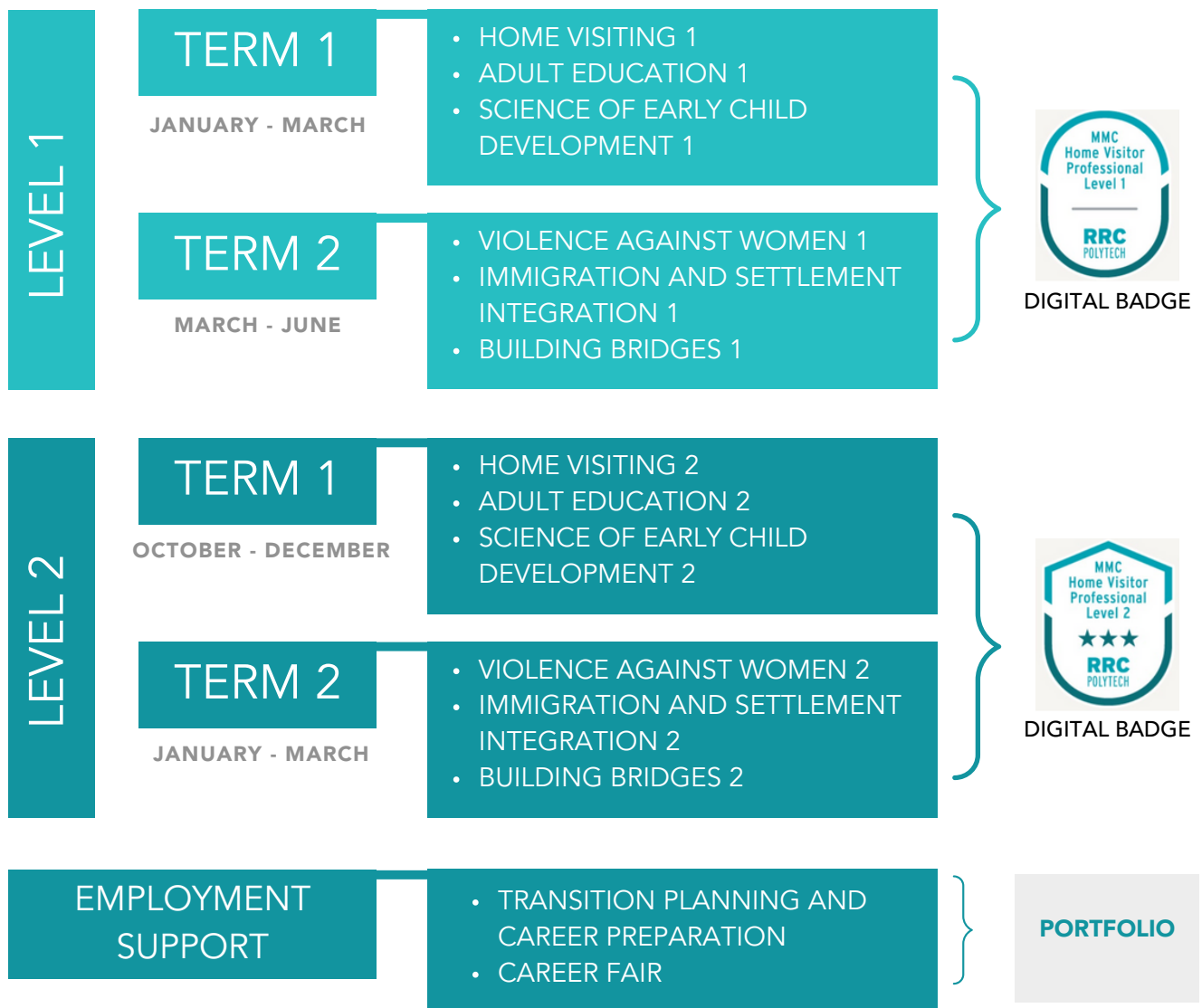
The Professional Development Program is optional, but highly encouraged as it helps Coordinators and Home Visitors succeed in their roles.



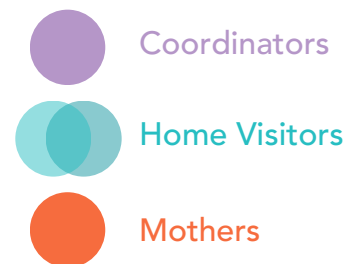
# HOME VISITOR CORE PROFESSIONAL DEVELOPMENT PROGRAM

The MMC and RRC Polytechnic have developed a credited Professional Development Program that is offered, free of charge, to Home Visitors. Upon completion of TWO terms of level 1, Home Visitors receive their first micro-credential in the form of a Digital Badge. Home Visitors will receive a second Digital Badge upon completion of TWO terms of Level 2. Home Visitors who complete only 1 term will receive a certificate from the Mothers Matter Centre, but it is not accredited. The image below outlines the different levels, terms, and topics of the PD program as well as important dates.

## HOME VISITOR PROFESSIONAL MICRO-CREDENTIAL



# FALL 2023 CALENDAR



- Level 1 Term 2 Registration Opens on September 11, 2023
- Mental Health First Aid registration opens on September 17, 2023
- Carol and Ron Slater Scholarship - TBA

- Home Visitors can only enroll in Level 2 Term 1 if they've completed Level 1 Term 1

## Level 1 Term 2

### Orientation 2

You will get an overview of the Professional Development Program, what a microcredential is, and how to use the LEARN platform during the course.

### Home Visiting 2

This training will focus on the role of the HIPPY Home Visitor when responding to families in crisis and will equip Home Visitors with some of the policies and resources needed to respond to these families.

### Science of Early Child Development 2

Over the course of three modules you will learn that children are born ready to learn language and that literacy and numeracy learning can also begin from the earliest months of life.

### Adult Education 2

You will explore some of the techniques used to teach adults, to maximize engagement and participation, and continue to

To receive the microcredential, Home Visitors must ensure that the following criteria are met:

- Don't miss more than 3 classes in one term
- Complete 100% of Evidence of Learning
- For attendance to be counted, you must be in the class for at least 45 minutes
- Complete two terms of one level

OCTOBER



SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03 MHFA	04 Monthly Exchange	05 MHFA	06	07
08	09 Thanksgiving	10	11 Living Life to the Full	12	13	14
15	16	17 Orientation 2	18 Living Life to the Full	19 Orientation 2	20	21
22	23	24 HV 2	25 Living Life to the Full	26 HV 2	27	28
29	30	31 HV 2				

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
			01 Monthly Exchange Living Life to the Full	02 HV 2 Transition Planning	03	04
05	06	07 HV 2	08 Living Life to the Full	09 HV 2 Transition Planning	10	11
12	13	14 SECD 2	15 Living Life to the Full	16 SECD 2 Transition Planning	17	18
19	20	21 SECD 2	22 Living Life to the Full	23 SECD 2 Transition Planning	24	25
26	27	28 SECD 2	29 Living Life to the Full	30 SECD 2 Transition Planning		

# DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
					01	02
03	04	05 AE 2	06 Monthly Exchange	07 AE 2 Transition Planning	08	09
10	11	12 AE 2	13	14 AE 2 Career Fair	15	16
17	18	19 AE 2	20	21 AE 2	22	23
24	25	26	27	28	29	30

-  Coordinators
-  Home Visitors
-  Mothers

## Other Training

### Living Life to the Full

You will go over practical self-management skills using cognitive-behaviour therapy (CBT). During the course, participants cover topics such as self-confidence, problem-solving, motivation, dealing with unhelpful thoughts and managing anger.

- 90-minute facilitated sessions for 8 weeks
- 8 helpful books delivered to participants

### Mental Health First Aid

You will learn how to recognize signs that a person may be experiencing a decline in their mental well-being and have conversations that encourage a person to seek professional support. This training is accredited across Canada.

- 2-hour self-directed module
- 2-day facilitated training, 3.5 hours each day

### Transition Planning & Career Preparation

The primary focus is on supporting Home Visitors to transition successfully into other employment or to return to school, through employment coaching, portfolio development, and preparing for job interviews.

### Career Fair

The MMC Career Fair will introduce HIPPY families to organizations and services such as continuing education programs, micro-lending institutions, newcomer employment programs and mentorship opportunities.

## PARTNERS

MINERVA  RRC POLYTECH 



## FUNDERS

